

Registration Form

Registration ends April 7, 2024

Name _____

Address _____

Phone _____

Email _____

I'm Attending the Retreat at Westminster on...

- Friday (\$35/person)
- Saturday (\$40/person)
- Friday & Saturday (\$50/person)

Friday Dinner

Catered by Arianna's Gourmet Café & Catering. All sandwiches/wraps come with BLT Pasta side.

- Cobb Salad with Turkey
- Gourmet Chicken Salad
- Turkey Croissant with Cran Mayo
- Roasted Vegetable Wrap
- Dilled Tuna Salad on Honey Wheat

Saturday Lunch

Catered by Dixie Picnic. All sandwiches come with fruit side. All selections have a deviled egg and an Upcake.

- Goat Cheese Praline Salad
- Nutty Chicken Salad on multigrain
- Caesar Salad with chicken.
- Roast Turkey Sandwich on Sourdough
- Virginia Baked Ham with Swiss on multigrain

Please make checks payable to: Westminster Presbyterian Church with "2024 Women's Retreat" in the memo line.

Payment Attached: \$ _____



For your convenience as well as for the church staff, use QR code to register online. We look forward to your presence at the Women's Retreat!



Westminster
Presbyterian Church
10 W. Pleasant Grove Rd. West Chester, PA 19382
610.399.3377 • westminsterpc.org

Soul-Tending at the Threshold

Women's Retreat
April 19-20, 2024



Soul-Tending at the Threshold

When the life we've known gives way, and we face an unknown, uncertain future, we're at a threshold. This space in-between can be disorienting and unsettling. Yet, threshold time can also be ripe with possibility and full of creative potential. What if this time and place is right where we are meant to be?

Our women's retreat is an invitation to Soul-Tending at the Threshold. This year's retreat will take place on site at Westminster. Setting aside the weight of the tasks that routinely fill our days, we'll take time to slow down and breathe deeply. We'll listen for our soul's deep desires and the invitations God has for us and for our world. Drawing from the wisdom of Celtic spirituality, we'll discover and explore practices for staying present to the current of God's love, in uncertain times. And we'll experience the joy of gathering with one another! Come, join with women of all ages, 16 years and older - attend as your schedule allows.

Retreat Schedule

5:00 - 8:00 pm Friday

Dinner, conversation, and opening reflection on Soul-Tending At the Threshold.

8:45 am - 5:00 pm Saturday

Light breakfast, connecting with others in small groups, deepening our reflection on our retreat theme through Scripture small group conversation, and engagement with contemplative practices designed to tend our souls at the threshold. After lunch, there will be more small group time, a closing reflection on 'Crossing the Threshold', and closing worship with communion.

Meet Cheryl Galan Women's Retreat Speaker

Cheryl is a Presbyterian minister who recently retired from the role of Interim Executive Presbyterian with Carlisle Presbytery. In more than 40 years of ministry, she also served as a Director of Christian Education at Derry, Faith and Market Square Presbyterian churches, as a pastor with congregations in NY, Kansas, and Wisconsin and as Transitional Leader with the Presbytery of Elizabeth in NJ. A graduate of Princeton Theological Seminary and Grove City College, Cheryl is drawn to practices of relationship-building and spiritual formation. Through words and images, in body, mind and spirit, she seeks connection with the life-giving, community-forming, world-healing Spirit of Christ. In retirement, Cheryl enjoys walking in nature, yoga, and dabbling in watercolor. She and her husband Jack also savor time with family and friends.



Mission Partner

ahomefordawn.org

Our mission partner for this year is Dawn's Place, which proactively supports women affected by commercial sexual exploitation. Dawn's Place provides direct services to women raising awareness through education and generating prevention, public policy reform & community collaboration. As an optional donation, we're collecting gift cards for Walmart, Target, Staples, Rite Aid to support the ministry of Dawn's Place.

